

ANALYSIS OF ART AND LITERATURE IN PANDEMIC

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Abstract:

The dictionary meaning of Pandemic is a disease prevalent throughout an entire country, continent, or the whole world. The pandemic period affects a lot in means of lifestyle, health and wealth. The concept of Work from Home reduces the traveling time of the people. This time can be used for recreation and hobbies. Keeping this concept in mind Parents have engaged their kids with art activities to keep them entertained at home which is helpful for them to find alternatives for outdoor activity. The people away from home had learned cooking in the pandemic period.

This paper highlighted the analysis about Which art is more cultivated during pandemic, Does the use of art make them psychologically stable, Does any art is used as a financial source for themselves during pandemic. The mentioned analysis is based on different age groups, gender. The type of research paper is analytical research paper.

Keywords: Hobby, Art, Literature, Psychology, Health.

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Introduction:

The paper is an analytical research paper. The problem statement is identified and data was collected from different age groups and conclusions is added as per the responses. The Pandemic period forced the Common man to stay at home. The time utilization during this period is a big challenge for everyone. During this period many of them utilized their time for hobbies. Art and Literature go hand in hand. Art (Hobby) can be used as a Stress Buster in daily life. Any art that one can have is called a Hobby. Hobbies can play an important role in our life. One may choose her/his hobby as a career. Others can have the role of hobby as recreation from routine work. This paper will discuss the art that different age groups can inculcate, how frequently they used their art? Did the art release the stress in the pandemic? Is the hobby used by them as an income source in a pandemic? etc.

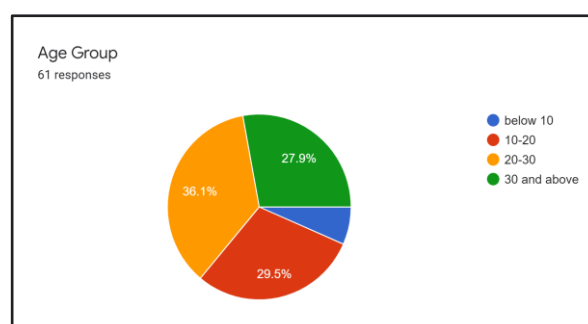
Content:

Fig.1: Sample Space coverage of different age group

As Per the above Pie-chart sample space coverage of different age group is as follows:

Age group	Below 10	10-20	20-30	30 and above
Percentage (%)	7.3	46.3	2.4	22

Table 1

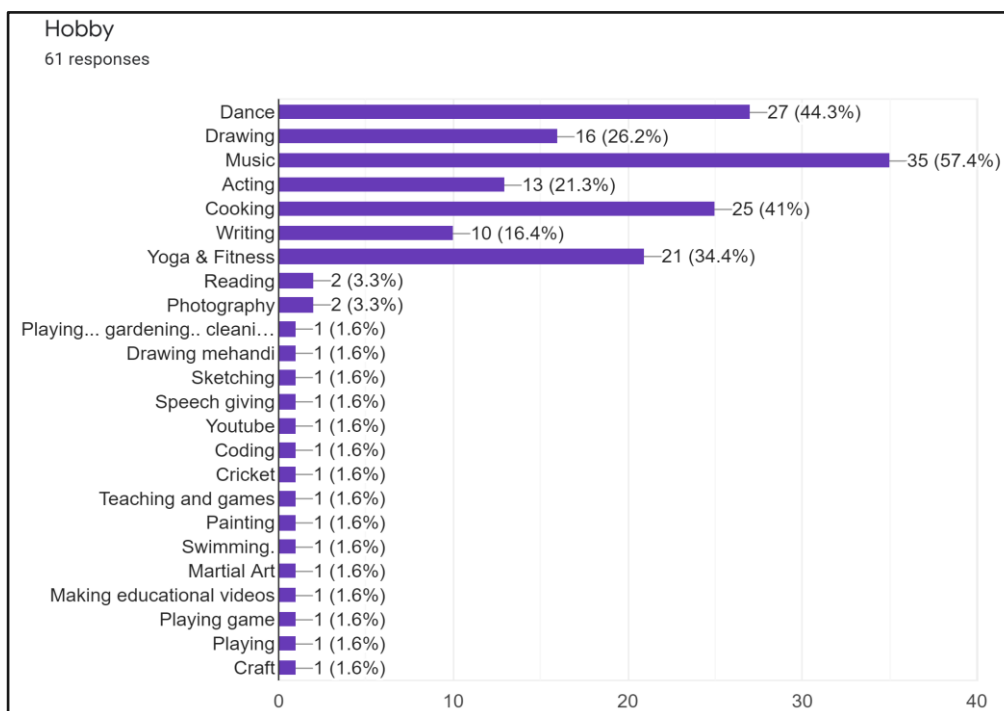


Fig.2: Sample Space coverage of Hobbies (Art)

As Per the above histogram of sample space coverage of mostly used Hobbies are as follows:

Hobby	Music	Dance	Cooking	Yoga and Fitness	Drawing
Count	35	27	25	21	17

Table: 2

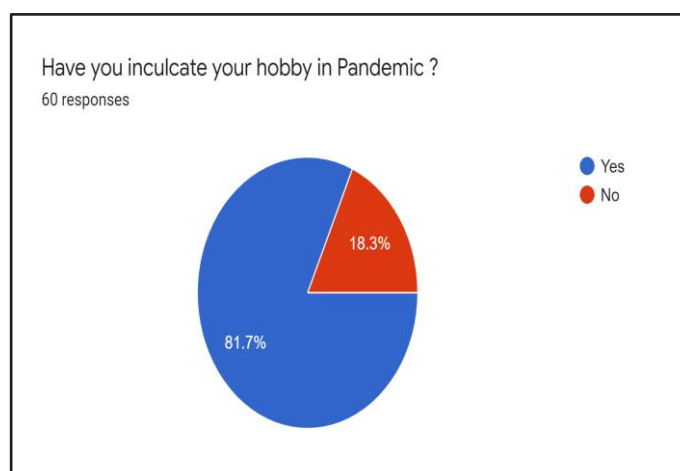


Fig 3: inculcation of hobby in Pandemic

As Per the above Pie-chart it is observed that 81.7% peoples inculcate hobby in Pandemic

Inculcation	Yes	No
Percentage (%)	81.7%	18.3%

Table: 3

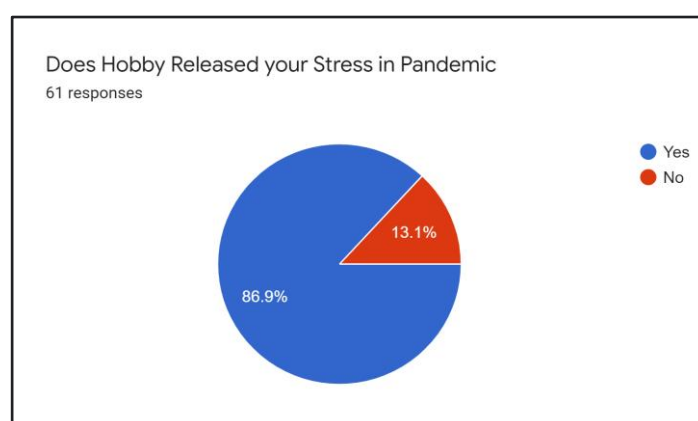


Fig 4: Hobby released stress in pandemic

From the above pie chart 86.9% people releases stress using their Hobby

Does Hobby released stress	Yes	No
Percentage	86.9%	13.1%

Table: 4

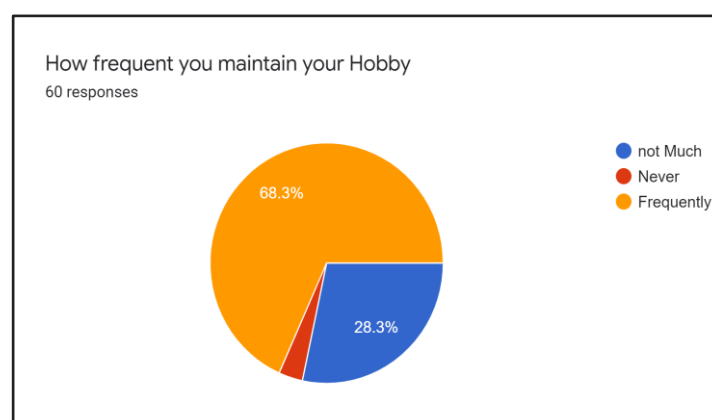


Fig 5: Frequency of maintaining Hobby

From the above pie chart 68.3% people frequently maintain their Hobby in pandemic

Frequency to maintain Hobby	Not much	Never	frequently
Percentage	28.3%	3.3%	68.3%

Table: 5

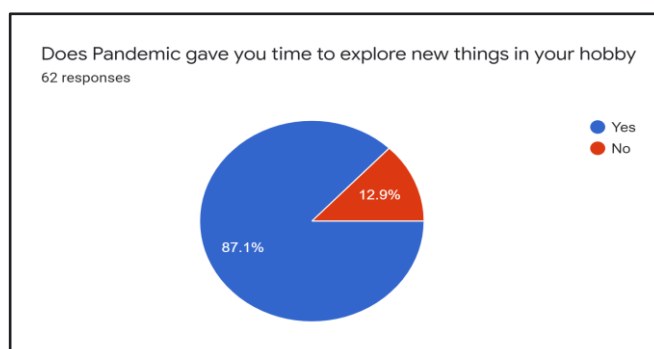


Fig 6: Time to explore new things in pandemic

From the above pie chart 87.1% people learned new things

Time to explore new things	Yes	No
Percentage	87.1%	12.9%

Table: 6

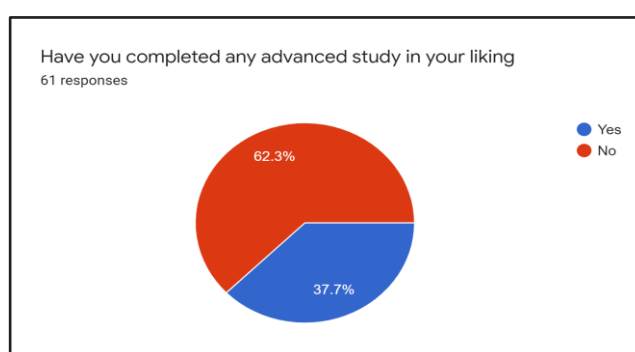


Fig 7: Advanced study in your hobby

From the above pie chart 62.3% people completed advanced study their Hobby

Advanced study in your hobby	Yes	No
Percentage	37.7%	62.3%

Table: 7

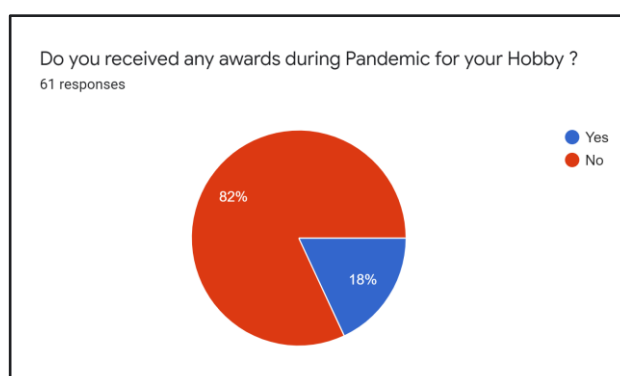


Fig 8: Awards during Pandemic for your Hobby

From the above pie chart 18% people releases stress using their Hobby

Awards During pandemic	Yes	No
Percentage	18%	82%

Table: 8

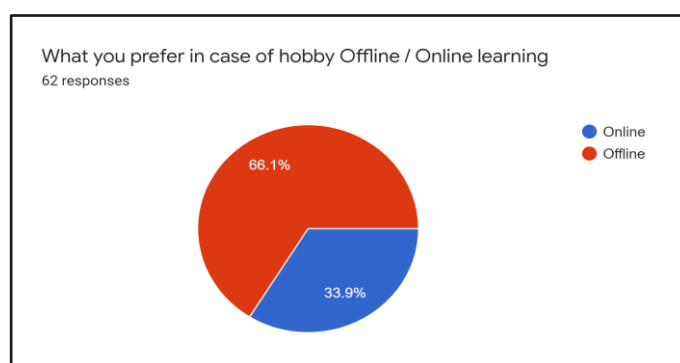


Fig 9: Modes of hobby Online/offline

From the above pie chart, it is observed that 33.9% of people used online mode to learn new things and 66.1 % peoples used offline mode.

Modes	Online	Offline
Percentage	33.9%	66.1%

Table: 9

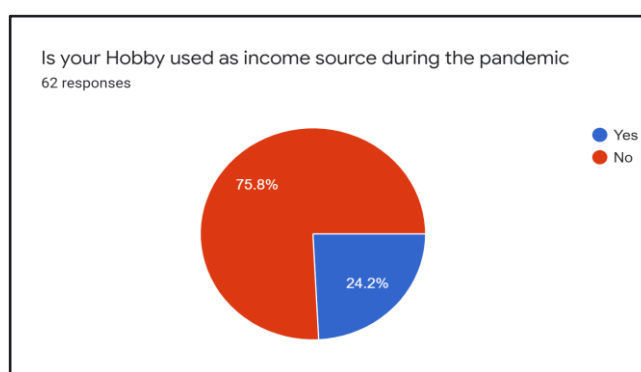


Fig 10: Hobby used as income source during the pandemic

Hobby as Income	Yes	No
Percentage	24.2%	75.8%

Table: 10

Respondents Views:

From the data received from peoples in different age group was shared their experiences in pandemic

- Kshitij was expressing his thoughts through drawing. He learnt to make fire free cooking. Drawing was the most engaging tool in this pandemic.

- Hobby acts as stress buster
- It was so amazing making videos. And music is a stress buster. Dancing helps me to keep energetic and healthy. I tried a lot to spend more time on my hobbies in pandemic.
- When I have nothing to do, I always choose to do something that I like the most and give me a good vibes. My hobbies give me a lot of peace and happiness in my boredom, I do more sketches and painting in pandemic. I got extra time in pandemic for improving my skills
- When I feel sad in a pandemic period, music is the best way to refresh myself.
- I did online yoga and dance classes in pandemic. And till the date i regularly do yoga.it has become my passion. And so that my physical and mental health problems are no more now a days.I m feet and fine...yoga become my hobby in pandemic
- I enjoyed the pandemic very much. I found myself in the pandemic. It was a new experience of exploring myself. All I got in the pandemic was happiness
- I've complained for years that I can't find the time to explore myself. But in this pandemic, I finally had that 'me time'. I must say learnt a lot
- About four weeks into the COVID-19 restrictions, I was weary of what had become my routine: watching TV every night after working — from home — and then going to bed. I yearned to be more creative. I wanted to make life during this sad and anxious time a little more beautiful. So every time I put on my mask and went out for a walk, phone in hand, I took photos of whatever caught my eye. Back at home, I'd spend hours digitally manipulating my photos of flowers, trees, a fence, or feature of a building, to create something completely different using photo-editing software
- Like me, people around the world have been pursuing a favourite hobby or starting a new one, spurred on by isolation or boredom or as a way to forget about all the craziness in the world, and the media has taken note. Need proof? A web search for “pastimes and coronavirus” yields more than 7 million results.
- But there's only so much news and social media one can take. Channelling my energy into something positive has been my saving grace. I'm obsessed with my photography project. Almost every day after work, I move to my favourite chair to fiddle with Photoshop and create my art. And because of it, I'm far more ready to deal with bad news or a roadblock at work or home.
- In the pandemic, things were not in proper order to make time for myself due to some things. But ya I was learning German, and there they had declared that to send a pic of something which we had done so I had baked a chocolate cake in pandemic and I sent them with a nice caption and luckily it had got featured on their Instagram page.
- I have much more time in pandemic to explore my hobbies
- My experience was very different. I love to do all these things... Many people were at home during Corona's time. However, I was doing some activities and I also pursued my hobbies in this lockdown... even though it was online.
- It helped me to relieve my office stress.
- Along with cultivating hobbies, I got to learn a lot. Got to read different books. Also got time to write about different topics.

Observations:

Form the survey the following observations can be found out

- 81.7% People inculcate hobby during pandemic
- Hobby Music is maintained by most of the respondents. After that Dance and cooking are the mostly used hobbies
- For 89.6% respondents ,Hobby helps in releases Their stress
- 871% of the respondents learn advanced knowledge in their liking hobby
- 18% of respondents had received the awards during pandemic
- 24.6% of the respondents used their hobby as income source in pandemic
- In pandemic peoples turned to learn new things as per their interest, modes and available Resources like Online/Offline Mode, Laptop /Computer/Mobile.
- Most of the people shifted digitally in this pandemic to inculcate hobbies

Conclusion:

Art /Hobby plays an important role in pandemic because it releases stress.

Art is used as time Utilization during pandemic.

Few people used their hobby as an income source for their family.

Yoga and meditation has become a routine practice for the most.

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